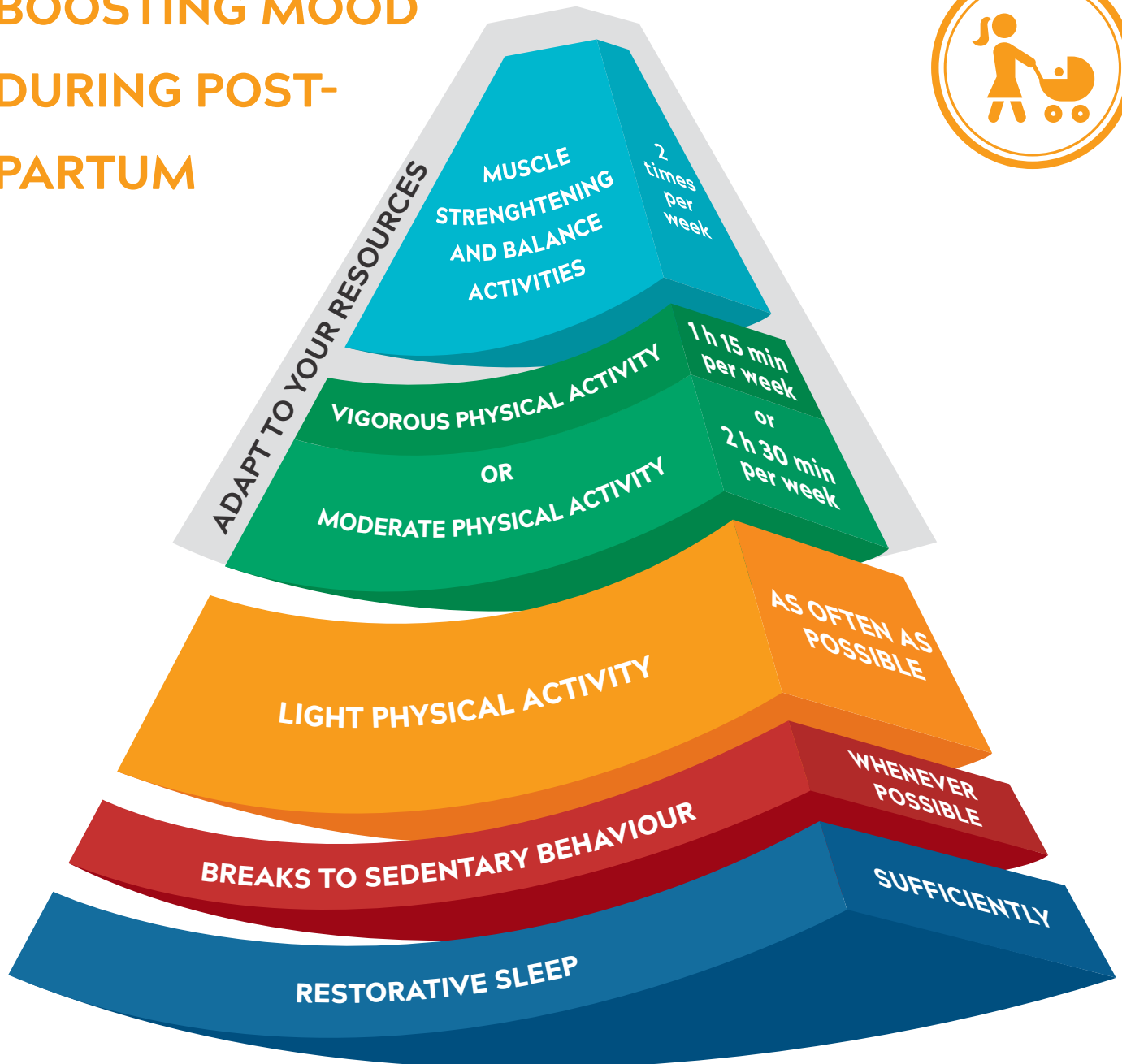


BOOSTING MOOD DURING POST- PARTUM



Weekly physical activity recommendation after delivery
(uncomplicated delivery)